

KATA IN A BOX

**ELEVATE YOUR STANDARDS AND
ATTRACT NEW BUSINESS**

"Kata in a Box" will help you and your employees solve problems and promote continuous improvement. The training is interactive, fun, fast-paced and effective.

What is Kata?

Kata is a system for moving from the current situation to a new situation in a creative, directed, meaningful way. It is a way of scientific thinking that allows for creative problem-solving. Teams using kata learn as they strive to reach a target condition, and adapt based on what they are learning in the process.

Why Choose Kata in a Box?

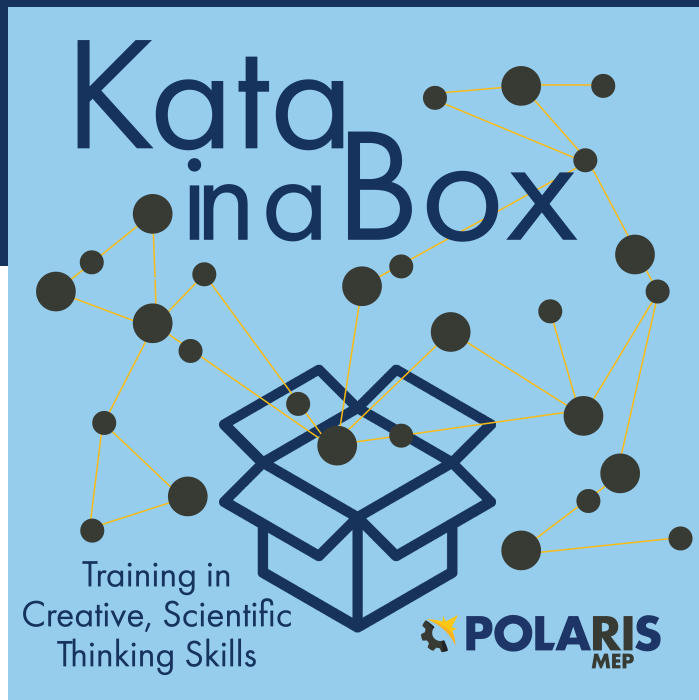
Kata in a Box is a new way to learn Kata! This training offers a fun, interactive way for your team to learn Kata. Using hands-on demonstrations and activities, your team will actively practice and learn Kata throughout the training.

The training takes place in-person, over 2 days, at your facility. The training includes 40 hours of coaching broken up over consecutive days and/or weeks as you see fit.

These activities promote:

- Creative thinking
- Problem-solving
- Teamwork
- Scientific thinking

After learning the basics, your team will also be challenged to apply Kata to their own work. Your company will begin its Kata journey with help from the experts: the people who work there every day! Polaris MEP's Lean experts will guide you to set goals and create a plan to reach them using your newly acquired Kata skills. These skills will help your team continuously improve in new and creative ways.



**See how your company can
benefit from scientific thinking
and continuous improvement.**

Contact us to learn more!

Visit polarismep.org/schedule
or call **401-207-8896**